

# Who Grew My Soup?

Written with Delhi Elementary K-5 students  
Delhi Central School, Autumn 2013



Oh, I ask you: who grew my soup?  
Yes I ask you-ou, who grew my soup?  
Oh, I ask you, who grew my soup?  
Was it you, oh-oh-oh, was it you-ou-ou?

I'm standing in the lunch line after working all morning  
My belly's been growling, sounding the warning  
I see my favorite food on the menu today  
Some fresh, hot soup that the lunch lady made

But I ask you....

The veggies were grown by some farmers we know  
Who planted the seed, and tended their rows  
Yes, this food came right from our own neighborhood  
That is why this soup is so yummy and good

Chorus

Bridge:

We got the harvest vegetable	Stir it on up!
We got the creamy broccoli	Stir it on up!
We got tomato basil	Stir it on up!
So many good soups to fill my tummy right up!	

Chorus

So, really, who did grow my soup?  
*Farmers did!*

You know that farm where we went pumpkin picking?  
*Oh yeah, I know that farmer!*  
She helped us plant beans in our school garden!  
*That's right!*  
So, hey! I guess WE helped grow our soup, too!  
*Cool!*

When the food that you eat comes from the soil 'neath your feet  
It's guaranteed goodness that just can't be beat!  
Thanks to the farmers at the market and our school garden  
A fresh and local food revolution is startin'

Chorus

Bridge:

Can we grow veggies on a rooftop?  
Yes, we can!  
In a window box, too?  
Yes, we can!  
Can we plant with our neighbors?  
Yes, we can!  
How about a community garden?  
Yes, we can!  
Can we plant with our Grandma?  
Yes, we can!  
At the library, too!  
Yes, we can! (Si, se puede!)